



***OUR LADY OF PERPETUAL HELP
UKRAINIAN CATHOLIC CHURCH***

*4136 Jacob Street, Wheeling, WV 26003
Rectory (304) 232-2168 Church Hall (304) 232-1777*

*Rev. Father Jason Charron
(412) 639-1416*

***Saturday, December 14, 2024
Sunday of The Forefathers
Epistle: Collosianss 3:4-11
Gospel: Luke 14:16-24***

LITURGY INTENTIONS

*Saturday, December 14 - For the repose of the souls of John & Irene Paluch
-requested by Barb, Dawn & Vincent Paluch*

*Saturday, December 21 – For the repose of the soul of Pete Kohut, Sr.
-requested by Mary Ann Bosley*

DIVINE LITURGY SCHEDULE

SATURDAY, DECEMBER 14 – DIVINE LITURGY 5PM

SATURDAY, DECEMBER 21 – DIVINE LITURGY 5PM

PIEROGI NEWS

*THIS IS THE LAST WEEK FOR PIEROGI BEFORE CHRISTMAS. ALL ORDERS ARE TO BE
PICKED UP ON THURSDAY, DECEMBER 19. PLEASE LET YOUR FAMILY AND FRIENDS
KNOW.*

2025 CALENDARS

*The 2025 calendars are on the table in the vestibule. They are free so please
take one.*

A SPIRITUAL PILGRIMAGE

ALL YOU WHO NEED REST

There Is a lot of talk these days about boundaries. It’s a psychological term that refers to setting realistic limits for participation in a relationship or activity. These limits are necessary to protect the integrity of an individual or relationship.

Relationships need boundaries to remain healthy. Our lives also need boundaries to remain healthy. Do you set realistic limits for your participation in life?

God in His ever-loving providence gave us the Sabbath as the first boundary, but also as the boundary that gives us the clarity to set all other boundaries.

Saint Irenaeus observed, “The glory of God is man fully alive.” What would your life look like if you were “fully alive?” What would have to be true for you to become fully alive?

God is calling you to wholeness and holiness. Consider the four aspects of the human person: physical, emotional, intellectual, and spiritual. In which of these areas are you thriving? In which are you just surviving?

Is it the sheer busyness of your life, the noise and complexity of modern life, the stress induced by never-ending urgency that is preventing you from thriving?

Compare this to Jesus' invitation, "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble of heart, and you will find rest for your souls. For my yoke is easy and my burden is light." (Matthew 11:28-30) This one of the most beautiful and compassionate moments in the Scriptures.

Most of us are weary and burdened. Most of us are not getting the rest we need to thrive in every area of life.

Rest is a divine activity. God rested on the seventh day (Genesis 2:2) not because He was tired, but because He knew we would get tired and need rest. God rested on the seventh day to set a boundary between the demands of the world and our very human needs. God rested on the seventh day because He was teaching us an essential element necessary to thrive.

LESSON

Set appropriate boundaries for your life by establishing an authentic Sabbath experience.

VIRTUE OF THE DAY

Rest: The virtue of rest involves taking a break from the activities of life that wear us out and grind us down, to give God a chance to fill us up and build us up. Through rest, you make space in your life for more meaningful activities by taking a break from the less meaningful mundane activity of your life.

SPIRITUAL COMMUNION

Jesus, I believe that You are truly present in the Most Holy Sacrament of the Eucharist. Every day I long for more of You. I love You above all things, and I desire to receive You into my soul. Since I cannot receive You sacramentally at this moment, I invite You to come and dwell in my heart. May this spiritual communion increase my desire for the Eucharist. You are the healer of my soul. The the blindness from my eyes, the deafness from my ears, the darkness from my mind, and the hardness from my heart. Fill me with the grace, wisdom, and courage to do Your will in all things. My Lord and my God, draw me close to You, nearer than ever before. AMEN.

PRAY FOR THE SICK AND SHUT-INS

Lord God, through the prayers of Mary, Our Mother, bring your healing presence to all who are sick, injured, or troubled. Amen

Walter Zien, Rosella George, Dawn Paluch, Sister Mary Bowman, Mary Rose Koreny, Betty Rushkevich, Sharon James, Veronica Piehowicz, Marty Joe Michaels, Janice McCart, Barb Sago, Patti Kudlak Kettler, Pete Kohut, Jr., Linda Jasko, Isabella Wood, Matt & Michelle Piszczor, Jim Marnell, Fr. Michael Bliszczy, Elaine James, Don Platt, Stephanie Poch, Susan Durig, Susie Davis, Bob Mull, Tim & Karen Downing, Tom Waligura, Rose Linaweaver, Torrie Davis, Stephen & Joann Neal, Patricia Pockl, Tammy Yankoski, Charlie Lohr, Josh Slonaker, Jack Prettman, Hugette Burk, Ginger Kabala, Mark Michaels, Carol Gogal, Tina Pascale, Sr. Jean Vidonic, Jessica & Abigail Baranek, Sheleva and Bowman Families, Barb & Bob Poch, Taytum Grace, Bob Bailey, Jeannie Burkett, Vera Oliver, Tim Haley Family, Nadia Marc, Walter McMasters, Lori Poch, Nicole Rowley, Arlene Lawson, Walter J. Waligura III, Anthony Skvarka, Wendy Coulson, Ashley & Monty

If you would like to submit a name for our prayer list please write the name on a piece of paper and drop it in the collection basket.

Financial Report –Sunday, December 8, 2024

**Weekly Collection: \$445.00 Second Collection: \$23.00
Candles: \$8.00**

**Total Collection: \$476.00
Pirohy: \$607.00**